

Cherishing Life



Hospice
of the
Calumet
Area

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HospiceCalumet.org

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William J. Riley Memorial Residence
511 Otis Bowen Drive
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Hospice of the Calumet Area helps you focus on living.

When you or someone you love is coping with a life-limiting illness, you're bound to face a variety of day-to-day challenges. You also will deal with an array of emotions, including a new appreciation for how precious time is.

Hospice of the Calumet Area understands. That's why we're dedicated to *Cherishing Life* and helping families do so as well.

When some families first talk with us, they think that turning to hospice care is "giving up" on their loved one. But they learn that Hospice of the Calumet Area actually gives them more – more options for care and support, more control over the choices they make, more opportunities to spend meaningful moments together.

In fact, families often tell us, "We wish we had contacted you sooner." They didn't realize our services are available when months – not just days or weeks – remain to be lived. And the sooner families call, the more Hospice of the Calumet Area can help.

Hospice care is appropriate for patients with any diagnosis whose doctor says their life expectancy is about six months or less. Patients seeking hospice care agree that their goals for treatment are for comfort rather than a cure.

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You'll find a real difference with Hospice of the Calumet Area.

Over 30 years ago, Hospice of the Calumet Area was established in this community to serve the families who live here. As a nonprofit organization, our sole purpose is to provide the highest levels of expert, compassionate care and support for patients and families navigating the final months of life.

With more than three decades of experience, our knowledge, breadth and depth of end-of-life services are unsurpassed. And the fact that our staff and volunteers live in this community helps us to be especially responsive to your needs.

You have the right to choose who provides end-of-life care for you and your family. Be sure to ask for Hospice of the Calumet Area by name.



"Hospice of the Calumet Area supported our family so we could enjoy our time together. They answered all our questions and provided wonderful care. They're such compassionate professionals."

—daughter of former patient

Expert services for patients.

Hospice of the Calumet Area respects that each life is truly unique. We work with each patient and family to tailor a plan of care that meets their distinct needs and wishes and helps to maximize their quality of life.

Medical care – Our team of physicians and registered nurses partner with the patient’s doctor to develop a plan of care, manage medications, monitor the patient’s condition, increase comfort and provide skilled care. A nurse is available 24 hours a day, 7 days a week to answer questions and assist with crisis situations.

Equipment and prescriptions – Hospice of the Calumet Area provides prescriptions, medical equipment and supplies (such as a hospital bed, oxygen, walker and bedside commode) related to caring for your loved one’s life-limiting illness. We even deliver them right to the patient’s home.

Emotional and spiritual support – Experienced social workers provide counseling to help patient’s cope with their concerns and express their feelings. Our spiritual care team offers support according to the patient’s wishes, regardless of their beliefs or religious preference.

Therapies and diet counseling – Our team includes specialists trained in massage and other therapies for pain and symptom relief. Physical and occupational therapists may assist patients to be as mobile and

self-sufficient as possible. Dietary counseling can help ease digestive discomforts and maximize energy even during appetite loss.

Help with activities of daily living – Our hospice aides can be scheduled regularly to assist with bathing and grooming, change bed linens, provide range of motion exercises, and even do light housework.

Companionship and volunteer assistance – Part of *Cherishing Life* is sharing it with others. Our highly trained volunteers love to keep patients company, lend an open ear, a shoulder to lean on and a warm heart. They also can help with meal preparation, run errands and provide other assistance.

Veterans’ program – We realize that end-of-life journeys can be different for our military veterans, especially those with combat or POW experiences. We recognize these issues and are trained to address them. Hospice of the Calumet Area is proud to participate in **We Honor Veterans**, a program that coordinates care of VA patients with local community hospices. We share the commitment that we should do the very best we can for those who did their very best for us.

Care wherever the patient calls home.



A vast majority of Americans say they wish to live the last stages of their lives at home among familiar and comfortable surroundings. Hospice of the Calumet Area honors that wish by bringing expert care and support to wherever your loved one calls home – whether it's a private residence, apartment, assisted living facility or nursing home.

Not everyone has a place to call home during their final phase of life. They may be alone, or not have family and friends who can help them maintain the independence they would like. Or their condition may be complex enough to require around-the-clock professional care.

Hospice of the Calumet Area gives these patients a choice, too. The William J. Riley Memorial Residence provides care and support for those with a life-limiting illness who want to live out their remaining time in a home-like environment. With eight comfortable patient rooms and beautiful accommodations for visitors, our Residence helps patients cherish life surrounded by peace, dignity and respect.

Compassionate support for families.

We know that a serious illness not only affects the patient, but the lives of family and friends. For those involved in providing care to a loved one, new concerns and responsibilities arise. Hospice of the Calumet Area offers valuable support in a variety of ways:

Caregiver instruction – Our registered nurses teach family members helpful tips and techniques so they can become more skilled and confident caregivers.

Respite care – Being a caregiver also can be exhausting. We know how important it is for caregivers to take a break. Our team can stay with your loved one while you go to an appointment, run errands or just find a moment to relax. Longer respite care can be arranged if you need an extended break of up to five days.

Emotional and spiritual support – *Cherishing Life* grows sweeter with the right frame of mind and spirit. Our experienced social workers and spiritual care team can help your family members cherish the time left with your loved one. They also will counsel your family on working through the feelings, worries and fears that may accompany an end-of-life experience.

Information and resources – Many family members have never faced a loved one going through their final months of life and simply don't know what to do or expect. We gladly share our knowledge and experience, with no cost or obligation. We also can connect you with a variety of other online and community resources for additional support.

Grief support – Grieving is a process that can be very different and deeply personal for each member of your family. Hospice of the Calumet Area offers a range of grief support services – including one-on-one counseling, our Healing Hearts grief support groups and telephone support – so that every family member can find the right approach to making healthy adjustments to loss. Specialized support is offered for children and teens. Our grief support is available at no cost to anyone in the community, whether or not they had a loved one in our care.

Why Hospice of the Calumet Area is affordable.

Hospice services are typically covered in full by Medicare, Medicaid and most private insurance. Remember, these services include medical care, emotional and spiritual support, prescriptions and equipment related to the life-limiting illness.

Because of generous donations and other support we receive from the community, no one is turned away from Hospice of the Calumet Area due to the inability to pay. We believe every human being deserves the opportunity for *Cherishing Life*.



Not sure about hospice care?

Maybe you or the doctors can't predict the life expectancy of your loved one with certainty. Or perhaps you're not emotionally ready for hospice care.

That's okay. Hospice of the Calumet Area can help. In fact, our Transitions™ program is designed specifically for individuals and families facing the stress and confusion about their best path for dealing with a serious illness.

Our Transitions staff can help you understand options for care and assist with making decisions that are right for your family. Our team also can help you cope with the challenges of a life-limiting illness and connect you with community resources to assist you at home.

Transitions volunteers can provide companionship visits, give respite breaks for caregivers, help with preparing meals and do other errands. Community donations allow us to provide Transitions services at no cost to families.

Talk to us about your needs.

Hospice of the Calumet Area wants to remove the unknowns and relieve the burdens you may encounter during an end-of-life experience so that you can focus on *Cherishing Life*. You're welcome to call us anytime to ask questions and get information with no obligation.

Count on us to explain all of your options and make recommendations on what may best suit your family's needs. We also can have our medical professionals evaluate your loved one's condition at no cost or commitment to you.

If you talk with your loved one's physician about hospice care, remember that you have a choice and a right to select who provides that care. Insist on the community's resource with the most end-of-life experience and expertise. Ask for Hospice of the Calumet Area by name.

To discuss your loved one's situation, call **219.922.2732** in Indiana or **708.895.8332** in Illinois. Or visit **HospiceCalumet.org** for more details.



"I think if we had called Hospice of the Calumet Area sooner, it would have made it easier for both of us. For my husband, it would have given more comfort. For me, I would have had even more support in caring for him."

— wife of former patient