

Healing Hearts for Kids

Healing Hearts for Kids is a grief support group for children, ages 6-12, who have lost a loved one. The six-week program will be held:

Wednesdays from 4-5:30 p.m. at
Return to the Center
18255 Burnham Ave., Lansing, IL

Contact:

Susan Adrians

Certified Grief Recovery Specialist and
Licensed Professional Counselor

Ph: 708-418-8671

Session 1—Will identify the children's perception of death/grief in an alternative form.

Session 2— Provides information on feelings associated with the grief process and assures the children their feelings are normal. It also shows the relationship between grief and self-esteem.

Session 3—Recognizes the use of memories as a positive way in which to deal with grief.

Session 4—Offers the children an opportunity to talk about their loved one's funeral/celebration.

Session 5—Explores & offers ways the children may use to heal their hearts and retain the meaning of their loss.

Session 6—Encourages the parent or guardian to affirm and listen when children bring up their loss.

Healing Hearts
For Kids
18225 Burnham Ave.
Lansing, IL 60438



Call for upcoming sessions!

Hospice of the Calumet Area, Inc.
presents...



A bereavement
support group
program for
children ages 6-12



The death of a family member or friend is a time of crisis for children and their families. If handled with love and support, it can become a time of growth as well.

Healing Hearts for Kids recognizes that following the death of a family member, a parent may not know how or be unable to comfort a child because of his or her own grief.

Healing Hearts for Kids provides loving support in a safe, caring place for children, youth, and adults. All participate in an age appropriate peer support group.

Registration Form

Please return this form if interested in attending to:

Susan Adrians, LPC

18225 Burnham Ave.

Lansing, IL 60438

Name of Child _____

Address _____

City _____

St. _____

Zip _____

Age: _____ Phone: _____

I, (parent/guardian) of

(Name of child)

give permission for

(Name of child)

to participate in Healing Hearts for Kids.

Signature _____

Date _____

Healing Hearts for Kids Program

Session One

Introduction and Discussion
of Death & Grief

Session Two

Feelings & Self-Esteem

Session Three

Memories

Session Four

Funeral/Celebration of Loved One's Life

Session Five

Coping with Grief and
Preparing for the Future

Session Six

Sharing Children's Experience
with Parent/Guardian

Current schedules can be found at:

www.hospicecalumet.org

